

Country Living In The Last Days

Practical Skills for Independent Christian Living



Making Bread & Soy Milk



Growing A Garden



Construction Techniques
Keeping It Level and Square
Digging the Foundation
House Framing

**Ointments
Tinctures
Herbs**



Morning and Evening Devotionals: Living Through The Last Days

1. Leaving the Cities—When, Where, and How
2. Life After the Sunday Law
3. The Latter Rain
4. The Sealing and Close of Probation
5. Who Are the 144,000
6. Will the Church Survive the Shaking
7. Seven Last Plagues
8. Stability in a World of Abrupt Change
9. Signs Preceding The Second Coming
10. Heaven—Eternal Rest and Reunion
11. Dealing With Heresies
12. Preparation for Persecution



Home Hydrotherapy

Food Preservation



Where: Wildwood Health Retreat

When: Jan 4-10, 2010

Cost: \$199 (Includes room and vegan meals)

Contact: Lew Keith

Phone: 931-724-6706

email: lykeith@gmail.com

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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath	Sunday
7-8		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8-9		Country Living	Life After The Sunday Law	Dealing With Heresies	Stability in an Unstable World	7 Last Plagues	Worship Service 9:30—12:00	Depart
9-10		Gardening	Gardening	Gardening	Soy Foods	Granola Tortillas Crackers		God Bless!
10-11				Herbs Part 1	Charcoal	How to Make Charcoal		
11-1		House Framing	House Framing	House Framing	House Framing	House Framing		
1-3		Lunch Free Time	Lunch Free Time	Lunch Free Time	Lunch Free Time	Lunch Free Time	Lunch	
3-4	Arrival Time	Food Preservation	Residential Wiring	Hands on Bread Making	Sharpening Tools	Free Time	Nature Walk	
4-5					"Happy Packages"			
5-6					Hydrotherapy			
6-7	Supper	Supper	Supper	Supper	Supper	Supper	Supper	
7-8		Leaving The Cities	Will The Church Survive?	The 144,000, Latter Rain	The Time of Trouble	Second Coming	Heaven: Eternal Rest	
9	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time	



Registration: Registration is by phone. The fee for the seminar is \$199 per person. Children under 12 receive a 50% discount. There is no charge for children under 6. A deposit of \$50 per person is required to reserve a place in the Seminar, and is non-refundable. To register call Darlene Keith: W: 931-724-6706, H: 931-724-2443. You may mail your deposit or charge it on a credit card over the phone.

Arrival Time: We invite all participants to arrive Sunday afternoon (Jan. 3) after 3:00 PM. We will provide a light supper (at 6:00 PM), and then begin our program Monday morning. We will end on Sunday (Jan. 10) after breakfast.

What to bring: All seminar participants will need to bring their towels, pillow, laundry detergent, and other personal items. The Health Retreat will provide bed linens. We expect the weather to be quite cool, so bring warm clothes. Most of the seminar is "Hands-on"—some classes meet outdoors, so be sure to bring gloves, long underwear, etc. I'd like to add a few items to the "What to bring" list. If possible, please bring a hammer, work gloves, tape measure, ear plugs, and safety goggles. Comfortable clothes and shoes would be best. A pen and paper would come in handy for taking notes. Bring along some walking shoes—we have miles and miles of country roads that you might want to explore.

Housing & Food: All participants are provided housing on the Health Retreat campus. Families will be housed in the Health Center. Singles will probably have a roommate and will be housed in the Health Center or in a home adjacent to the Health Center. We serve an excellent vegetarian diet (no animal or dairy products). Two meals plus a light supper are provided each day.

Computers—Wireless internet access is available; access is limited to designated time periods.

Dress—We ask for your cooperation in helping us to maintain a modest, "minimum distraction" environment both in and outside of the classroom.

Laundry—Laundry facilities are available. Participants should bring their own laundry soap (as well as other personal hygiene items, including toothpaste, soap, etc.).

Telephones—Telephones in the Health Retreat Campus can be used for local calls only. If you desire to make long distance calls you must have a pre-paid phone card.